

**FUTURE IN OUR HANDS EDUCATION AND DEVELOPMENT
FUND**

**ANNUAL REPORT OF THE TRUSTEES
1ST APRIL 2015 TO 31ST MAR 2016**

Registered Charity Number 1047953
48 Churchward Avenue
Swindon
Wiltshire SN2 1NH
Tel/Fax 01793 532353
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Web: <http://www.fiohnetwork.org/fiohfund/index.htm>

Summary of activities and aims

During this financial year the Charity has directed most of its support to (i) the treatment of severely disabled children in Cameroon and (ii) the education of poor children and combating the ebola crisis in the rural areas of Sierra Leone.

A small grant has also been provided for a poultry project to help tribal women in Andhra Pradesh, India.

The FIOH Fund continues to alleviate poverty in the world's poorest communities by undertaking sustainable development focussing on projects which are initiated by poor people through local non-government organisations; incorporate a strong element of education and vocational training; enhance the status and involvement of women in the development process and create ecological awareness.

The FIOH Fund has an enabling and motivating approach which is based on a belief that development policies imposed on a community, without proper consultation and the active involvement of the people, can frequently compound their problems and create a climate of dependency.

The FIOH Fund has helped to empower people in peace, conflict and natural disaster situations to establish activities which are both economically and environmentally sustainable in the long term. The FIOH Fund has supported a wide variety of projects which reflect our philosophy in urban slums, leprosy colonies and poor rural areas.

The FIOH Fund has continued its support to projects in Cameroon, Sierra Leone and India.

Charity Registration and Governing Document

The Constitution was accepted at a meeting of the trustees on 6th May 1995 and the charity was registered with the Charity Commission on 13th July 1995.

Objects of Charity

1. The relief of poverty or such other charitable purposes as the Management Committee shall in duly constituted meeting from time to time direct.
2. To help establish appropriate educational and vocational training programmes, particularly, but not exclusively, for women, in sustainable development.

Powers

- a. to provide monies, goods or services either alone or in association with other body or persons;
- b. to raise funds and to invite and receive contributions from any persons whatsoever by way of subscription donation and otherwise provided that the project shall not undertake any permanent trading activities in raising funds for its charitable objects.
- c. to borrow money or enter into other contracts on behalf of the project and subject to such consents as may be required by law charge any or all of the property of the project.

Organisation Vision and Ethos

Vision:

The FIOH Fund wishes to make a significant contribution to the alleviation of poverty and the improvement of the natural environment by:

- supporting campaigns to challenge unjust systems which contribute to poverty and environmental destruction
- entering into ongoing partnerships with like-minded organisations, groups and individuals in pursuit of this aim
- building the capacity of partners and local community groups. The Fund does not see this as a one-way process and expects to also be on the receiving end of such capacity building.
- providing practical support for poverty alleviation projects/activities.

Ethos:

The Fund adopts a motivating and enabling role in its approach which:

- supports local organisations helping poor people to set up their own projects thus avoiding as much as possible the need for foreign 'experts' and volunteers
- understands that development policies imposed on a community, without proper consultation and active involvement of the people, can frequently compound the problems of the poorest
- empowers people to actively engage in solving the challenges they face, rather than to create a dependency mentality, which may stifle sustainable development
- recognises the importance of sensitivity towards, and understanding of, local social and cultural traditions, and on the other, the benefits that can accrue to the community by simply providing the means to acquire knowledge that other communities have found helpful in their developmental activities
- encourages partner organisations in developing countries, which are currently seen as receivers of aid, to provide aid to other partners in the network and even, in the longer term, help poor communities in the 'rich' world.

Capacity Building:

The FIOH Fund has developed a policy of building the capacity of its partners who are directly involved with the development projects supported by the Fund. These partners (and other beneficiaries) are generally small, indigenous non-government organisations who currently lack the capacity to access the many UK-based international development funding sources themselves. Indeed many UK-based international development funders will make grants only via bona-fide UK registered charities. FIOH Fund UK therefore continues to play a key role in:

- collaborating with partners to identify needs and priorities and devise projects to address those needs
- facilitating the international exchange of experience, skills and knowledge (including web site development)
- identifying and accessing sources of funding
- continuous mutual learning and capacity building

Grant-making Policy

The charity will continue to support a wide range of projects that reflect capacity building, long term financial and ecological sustainability directed towards improving the quality of life and standard of living of the very poorest and marginalised people. There are no plans to engage in large projects such as immunisation programmes and the relief of large natural disasters which the trustees feel would be best undertaken by larger agencies. Despite the focus of some major grant-giving bodies on a rights-based approach, the FIOH Fund will seek to maintain a balanced approach in its grant-making policy by supporting both rights-based/empowerment projects and those which are fundamentally directed towards service delivery or incorporate an element of both. However, the charity recognises and supports projects which involve beneficiaries in the identification, management and monitoring and assessment processes. The charity is also seeking ways to support South-South networking and training and information exchange and developing educational and awareness programmes in the UK which will help people understand the many causes of poverty and environmental degradation.

Management:

Health and Safety. The FIOH Fund has a Health and Safety Policy for agency workers and others working at 48 Churchward Avenue (a private residence).

Financial Procedures. The FIOH Fund has a statement of accounting procedures and control.

Insurance. The FIOH Fund has no Public Liability Insurance currently in force, but will arrange this when UK workers are employed or when engaging in public fundraising events which require such insurance.

FIOH Fund Trustees**Alan Stewart [Chairman]**

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Dr. Muhammad Shahid Ali Sahu - Trustee

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Glenys Thomas - Secretary

48 Churchward Ave
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58 Eastcott Hill
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Mr Sam Clements - Trustee

32 Moredon Park
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Activities:

The FIOH Fund has undertaken various activities towards its aims and objectives alongside its partner organisations.

TREATMENT AND REHABILITATION CENTRE FOR DISABLED CHILDREN, CAMEROON.

The FIOH Fund made a further grant of £9,480 for a new treatment and rehabilitation centre for Global Rehabilitation Services.

GLORES organises its work in 3 major sections:

1. Prevention of disabilities through health education and encouragement of parents to vaccinate their children against diseases causing disabilities. Part of the education focuses on prenatal/postnatal care, nutrition, hygiene, genetic information and environmental pollution.
2. Physical therapy that includes therapeutic exercises, mobility training, functional re-education, occupational therapy and activity training for coping with everyday life.
3. Vocational training in 3 trades. The disabled person makes the choice of trade and is then able to undergo training in that trade for one year in a sheltered workshop environment. Younger children who cannot work are sent to local schools for their education. While the child is in school parents will take an active part in its education and prepare to take over responsibility for the child's welfare later on. After successful completion of the training disabled persons are settled in their individual group ventures or employment and there will be follow-up by GLORES for a few months after treatment and training has finished.

Once a disabled person goes through the GLORES project he or she becomes a member of the GLORES family. GLORES monitors all the outcomes of its work in order to evaluate its effectiveness and introduce improvements where necessary.

Currently GLORES work is being undertaken in a rented building in the centre of Bafoussam which does not have the space to accommodate patients for rehabilitation after their treatment.

A new and larger centre is being constructed near a major highway not far from the town which will enable both boys and girls to be both treated and accommodated during their rehabilitation. This highway is well served by public transport and taxis thus enabling a better means for parents and relatives to bring children to the centre and visit them while they are there.



Construction of the roof nearing completion. The blocks were made from clay on the site.

EBOLA PROGRAMME IN SIERRA LEONE

The FIOH Fund made a grant of £6,000 during the past year to its partner FIOH Sierra Leone to help identify ebola victims and educate communities about measures required to stop the spread of the virus. The picture below shows some of the staff and volunteers involved in the project with the coordinator, Edward Kargbo, in the foreground. The project was also supported by Bread for the World.

FIOH Sierra Leone was also involved in the organisation of safe burials.



District	Volunteers	Households	Infected	Referred	Ebola cases	Other diseases	Deaths	Discharged
Tonkolili	250	10,000	244	244	16	214	14	230
Bombali	125	5,000	407	402	40	367	15	397
Port Loko	125	5,000	17	17	13	4	3	14
Totals	500	20,000	668	663	69	585	32	641

SUPPORT FOR STREET CHILDREN IN ANDHRA PRADESH, INDIA

A grant of £1,300 was given to HEARTS to support the education programme for street children living in its residential home based in Guntur.



WOMENS COOPERATIVE, SUSTAINABLE TIMBER BUSINESS AND TREE PLANTING NURSERY IN BO, SIERRA LEONE

The FIOH Fund has given grants totalling £4,058 to the Sorbeh Nyagaha Womens group based in Bo in support of projects for sustainable development and womens empowerment.



The circular saw funded by the FIOH Fund is shown top left. The planting of seedlings for agroforestry is shown top right.

The FIOH Fund provided the start-up capital for the savings and credit group shown on the right.

It is too soon to assess the full impact of the Sorbeh Nyagah projects. The group has taken out a loan of 10 mil leones to purchase timber for processing and for the running costs of the business. There was a turnover of 25 mil leones in 2015. The loan repayment is expected by Dec 2016. Four young men are now employed in the business.

There were some doubts about women repaying loans because of historical problems in the area. Hence the group used most of the grant to establish a community livelihood project. The money was invested into groundnuts and cassava farming projects. The harvest has started and the sale of these commodities is about to commence. Trusted women were identified during the course of this work and loans can now be given to some of the women who are expected to pay back without going through the courts. The FIOH Fund will seek to link the group with other partners running successful savings schemes in Sierra Leone and the Cameroon.

The Group reported that the tree nursery started very well with a good collection of tree species from the natural forests and it is hoped that some of these trees will be out-planted during the national tree planting day. Some of the trees perished as the dry season was very harsh this year. All the ponds used for watering the nurseries dried up. Further information is required about the types and numbers that survived and where they were planted and their purpose (e.g. for agroforestry, fruit, medicine, etc).

Grants:

The following grants were made by the FIOH Fund:

DIRECT CHARITABLE EXPENDITURE	UNRESTRICTED	RESTRICTED
SUPPORTING MENTALLY DISABLED PEOPLE IN CAMEROON		£100
ASSESSMENT OF THE TREATMENT CENTRE FOR DISABLED PEOPLE IN CAMEROON	£200	
EBOLA PROGRAMME IN SIERRA LEONE	£2,446	£3,554
WOMENS COOPERATIVE IN BO, SIERRA LEONE	£1,500	
TREATMENT CENTRE FOR DISABLED CHILDREN, CAMEROON	£369	£9,111
ENVIRONMENTAL EDUCATION PROGRAMME, CAMEROON	£1,000	
SUPPORT FOR STREET CHILDREN, INDIA	£1,300	
TREE NURSERY, OKU, CAMEROON	£2,000	
CIRCULAR SAW FOR SUSTAINABLE TIMBER BUSINESS, BO, SIERRA LEONE	£59	£1,500
TREE NURSERY, BO, SIERRA LEONE	£1,000	
TOTAL	£9,874	£14,265

FUTURE IN OUR HANDS EDUCATION AND DEVELOPMENT FUND		
Income and Expenditure Breakdown: 1st April 2015 to 31st March 2016		
Incoming resources:		
Grants/donations	Unrestricted	Restricted
Standing order donations - Mrs ODriscoll	300.00	
Standing order donations - Alan Stewart	168.00	
Standing order donations - Mrs T Stewart	120.00	
Standing order donations - Mr Harold Curson	36.00	
Standing order donations - Mr Michael Thomas	132.00	
Standing order donations - Mr P Mazzotta	120.00	
Standing order donations - Mrs E Thorp	30.00	
Standing order donations - Miss L Thomas	60.00	
Standing order donations - Mrs Obradovic	50.00	
Donation - M V Thomas for GLORES centre		£ 5,508.69
Donation - E Toon for GLORES centre		£ 45.00
Donation - St Mary's and St Catherines schools for GLORES centre		£ 100.00
Donation - G Thomas (fundraising) for GLORES centre		£ 30.50
Donation - K Trenerry for GLORES centre		£ 100.00
Donation - M Obradovic for GLORES centre		£ 300.00
Donation - Gift Aid on donations for GLORES centre		£ 2,544.81
Donation - M Kinal for GLORES centre		£ 20.00
Donation - J Ghanouni for GLORES centre		£ 25.00
Donation - C Kennedy for GLORES centre		£ 250.00
Donation - M Kennedy for GLORES centre		£ 250.00
Donation - L Thatcher for GLORES centre		£ 5.00
Georg Hansen for FIOH Sierra Leone ebola programme		£ 3,494.00
Gift aid on restricted donation - Ebola programme		£ 60.00
Gift aid on unrestricted donations	1,628.40	
Bequest donation	9,530.39	
Everyclick		£ 4.76
Fundraising	241.50	
Western Union credit	261.10	
Total Grants/Donations	12,677.39	£ 12,737.76
Untaxed interest	21.49	
Total incoming resources	12,698.88	£ 12,737.76
TOTAL INCOME	25,436.64	

Resources Used:		
Grants/donations	Unrestricted	Restricted
Direct Charitable Expenditure		
SHUMAS mental health programme		£ 100.00
Ndzerem Stephen - assessment	200.00	
FIOH Sierra Leone ebola programme	2,446.00	£ 3,554.00
FIOH Sierra Leone - womens cooperatives operatives	1,500.00	
GLORES Cameroon - treatment centre	369.64	£ 9,110.96
FIOH Cameroon - environmental education	1,000.00	
HEARTS - India - street children	1,300.00	
CAMGEW tree nursery, Cameroon	2,000.00	
Sorbeh Nyagha - circular saw, Sierra Leone		£ 1,500.00
Sorbeh Nyagha - circular saw	58.76	
Sorbeh Nyagha - tree nursery	1,000.00	
Charitable Expenditure	9,874.40	£ 14,264.96
Total Charitable Expenditure	24,139.36	
Management and administration		
Running costs		
Bank charges on overseas remittances	97.19	£ 72.80
Training	133.05	
Postage	87.70	
Books/publications	202.12	
Software	79.78	
Web site	295.80	
General equipment	22.76	
Voluntary Action Swindon - stationery	10.00	
Overheads		
Stationery	22.39	
Audit	100.00	
Management and administration expenditure	1,050.79	£ 72.80
Total management and administration	1,123.59	
TOTAL EXPENDITURE	25,262.95	
Income less expenditure		£ 173.69
Balance brought forward		£ 3,208.07
Balance carried forward		£ 3,381.76

*Notes to the accounts		
Accounts are held with the Co-operative Bank and the Ecology Building Society		
**See separate sheet for remittances sent through Western Union		

Balance Sheet as at 31st March 2016

	2016	2015
Fixed Assets		
Tangible assets	0.00	0.00
Current Assets		
Debtors	0.00	0.00
Cash at bank/building society	3,381.76	3208.07
Creditors		
Amounts falling due within one year	0.00	0.00
Total assets less current liabilities	3,381.76	3208.07

Funds		
Restricted funds	0.00	1,600.00
Unrestricted - General Fund	3,381.76	1,608.07
Total	3,381.76	3,208.07

Balances as at 31/3/16:

Co-op	1,945.63	
Ecology		212.31
Ecology - deposit		1,223.82
		3,381.76

Signed:

Alan Stewart (Chairman)

A. Stewart

Glenys Thomas (Secretary)

G. L. Thomas

Michael Thomas

M. Thomas

Sam Clements

*S. Clements**25/9/2016*

Independent Examiner's Report to the Trustees of The Future In Our Hands Education and Development Fund

I report on the accounts of the Trust for the year ended 31 March 2016, which are set out in pages 1 to 3.

Respective responsibilities of trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.


Basis of Independent Examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
 have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: PHILIPPA GRIFFITHS

Address: 50 Churchward Avenue
Sunderland SN2 1NH

Date: 7th September 2016

Declaration

The trustees Annual Report and the Accounts attached to this report, comply with the requirements of the FIOH Fund's governing document and the SORP 2015 and have been inspected and approved by the trustees at a meeting on 25th Sept 2016.

As trustees of the Future in Our Hands Education and Development Fund we approve the above Report:

Signed:

Chairman - Mr A Stewart

A Stewart

Secretary - Mrs G L Thomas

G L Thomas

Treasurer - Mr M V Thomas

M V Thomas

Mr S Clements

S Clements

Date: *25/9/2016*